

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

**MH SUBCOMMITTEE MEETING
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD**

APPROVED

**Subcommittee meeting date: May 3rd, 2024
*Via Hybrid***

Member: John Bezirganian, MD
Attendance: Nadia Constant
Donna Corbin
Carolyn Galatzan
Tina Lounsbury

Guest: Amanda Howlett
Attendance:

Mental Hygiene Staff Attendance: Lori Morgan, Director of Community Services
Sarah Begeal, Deputy Director of Community Services
Cathy Healy, Clinical Program Director
Sue Graves (minutes)

Category: Minutes for April 2024 – Approved as written

Topic: Director’s Report – Lori Morgan

Discussion: Updates:

- Waverly Site
 - Leased signed
 - Work on site started
 - Estimated to be ready January 1st, 2025
- Tioga Central School District Contract
 - No movement to date
 - Meeting held with State, School & Lori
 - Program must be sustainable after grant expires
 - Site shut down is a possibility
 - Situation is in the hands of the State currently
- New County Administrator
 - Lori was involved in the interview process
 - Person has been chosen but not announced to date
 - Individual would be involved in the budget process
- State Plan
 - Plan done every 5 years

- 4 years left on current plan
 - Goals & needs remain the same
 - If anyone sees changes, please let Lori know
 - Due by June 1st, 2024
- Mobile Crisis
 - Meeting held with the State regarding the funding
 - No designation right away
 - Must get program up and running first
 - Plan is to hire a Social Worker, Peer, and purchase a vehicle with the funding.
 - Funding received would last 1 ½ - 2 years
 - Will not be manned 24/7 as there aren't enough people to do so
 - Plan is to take calls and therapist to go out in the morning
 - Sheriff may be open to having an iPad for telehealth with a therapist
 - Sustainability is unclear at this point
- State Budget
 - Do not believe the 730 issue was accepted
 - Good for Mental Hygiene otherwise

Status: Informational – Complete

Topic: Deputy Director - Sarah Begeal

Discussion: Updates:

- May is Mental Health Awareness Month
- Proclamation being done

Status: Informational - Complete

Topic: Clinical Program Director – Cathy Healy

Discussion: Updates:

- Staffing
 - Hired a co-occurring Social Worker
 - Currently in their second week
 - Interviewing for Social Workers
 - Seeking CASAC applications
- Tabling Events
 - Strawberry Festival
 - Tioga County Fair

- Veteran's PTSD Day

Status: Informational - Complete

Topic: Other Business

Discussion: Amanda Howlett from Catholic Charities, Cortland County regarding the SOS Grant.

- In partnership with RSS
- Team will consist of 2 Care Managers, 1 Licensed Social Worker, and 1 Peer
- Amanda is the Team Lead
- Background reviewed
- Seeking leads with resources for the homeless (e.g. free meals, AA meeting locations, etc.)
 - Suggestions from the group:
 - DSS
 - Porshea Moore, Peer Advocate
 - Mental Hygiene
 - Tioga Opportunities
- SOS Grant has been awarded but no funding given to date
 - Catholic Charities is floating funding for two positions
 - 5-year grant - \$5 million total for 3 counties
 - Tioga County just starting
- Using the Critical Time Intervention Model (C.T.I.)
 - Meeting today's needs – what do you need today to be safe
 - Build relationships (3 mo.)
 - Get individuals into supportive housing
 - Teach how to integrate into the community (9 mo.)
 - No diagnosis needed to be eligible for the program
 - Need to be homeless
 - 9 months starts once the individual has moved into housing
 - Does not have to be a licensed facility
 - Goal is to keep individuals local if that is where they would like to be
 - After the 9-month period, should the individual become in danger of becoming homeless again, contact Amanda before the eviction occurs

Amanda's email address: AHowlett@ccocc.org

Hea Hea Updates– Nadia Constant

- Completed the Performance Improvement Plan
 - Submitted on time
 - Learned a lot
 - Taking courses to develop rules and regulations for OMH compliance
- NIMRS
 - Needing to purchase computer with Microsoft as Mac Books are compatible with the NIMRS system
- Continuing to obtain insurance credentialing
- Contacted by Binghamton University requesting students going to Hea Hea for treatment
 - Need to expand licensure to include individuals over 18 years old
 - Currently licensed to treat 11–18-year-olds
 - Letter of support given by BU
 - Hoping to be credentialed for expanded service for ages 18+ soon.
- Learning the grant application process
 - Have applied for 4-5 grants to date

Status: Informational - Complete

Adjournment: There being no further business, the meeting adjourned at 9:57am

