

Winter Weather

Winter Weather Advisory - snow, freezing rain, freezing drizzle, and/or sleet which will cause significant inconveniences

Winter Storm Watch - possibility of a blizzard, heavy snow, heavy freezing rain, or heavy sleet; usually issued 12-48 hours prior

Winter Storm Warning - heavy snow, heavy freezing rain, and/or heavy sleet is imminent or occurring; these are usually issued 12-24 hours prior; if you are under a winter storm warning, find shelter right away!

Preparing for Winter Weather

- Keep out the cold with insulation, caulking, and weather stripping
- Learn how to keep pipes from freezing
- Install and test smoke alarms & carbon monoxide detectors with battery backups
- Gather supplies in case you need to stay home for several days without power
- Be prepared for winter weather at home, at work, and in your car
- Create an emergency supply kit for your car - jumper cables, sand, a flashlight, warm clothes, blankets, bottled water, and non-perishable snacks; keep a full tank of gas!



During Winter Weather

- Stay off roads, if possible
- If trapped in your car, stay inside
- Limit your time outside; if you need to go outside, wear layers of warm clothing
- Reduce the risk of a heart attack by avoiding overexertion when shoveling and walking in the snow



Frostbite

- Signs include numbness, white or grayish-yellow skin, firm or waxy skin.
- Go to a warm room, soak in warm water, or use body heat to warm. DO NOT massage or use a heating pad.

Hypothermia

- Signs include shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, or drowsiness.
- Go to a warm room and warm the center of the body first (chest, neck, head, and groin). Keep dry and wrapped up in warm blankets, including the head and neck.

